

SECTION *III*

COURSE DESCRIPTION

Nursing Foundation

Placement: FirstYear

Time Allotted: Theory - 45 Hrs.

COURSE DESCRIPTION

This course will help students develop an understanding of the philosophy, objectives and responsibilities of nursing as a profession. The purpose of the course is to orient to the current concepts involved in the practice of nursing and developments in the nursing profession.

OBJECTIVES

At the end of the course, the student will :

1. Identify professional aspects of nursing.
2. Explain theories of nursing.
3. Identify ethical aspects of nursing profession.
4. Utilise steps of nursing process.
5. Identify the role of the nurse in various levels of health services.
6. Appreciate the significance of quality assurance in nursing.
7. Explain current trends in health and nursing.

COURSE CONTENTS

UNIT I :

Development of nursing as a profession
- its philosophy
- objectives and responsibilities of a graduate nurse
Trends influencing nursing practice
Expanded role of the nurse
Development of nursing education in India and trends in nursing education
Professional organizations, career planning
Code of ethics & professional conduct for nurses.

UNIT II :

Ethical, legal and other , issues in nursing
Concepts of health and illness, effects on the person .

Stress and adaptation.

Health care concept and nursing care concept

Developmental concept, needs, roles and problems of the developmental stages of individual - newborn, infant, toddler, pre-adolescent, adolescent, adulthood, middle-age, old age

UNIT III :

Theory of nursing practice

Meta paradigm of nursing - characterized by four central concepts i.e. nurse, person (client/patient), health and environment.

UNIT IV :

Nursing process.

Assessment: Tools for assessment, methods, recording.

Planning: Techniques for planning care, types of care plans.

Implementation: Different approaches to care, organizations and implementation of care, recording.

Evaluation: Tools for evaluation, process of evaluation.

UNIT V :

Quality assurance: nursing standards, nursing audit, total quality management

Role of council and professional bodies in maintenance of standards.

UNIT VI :

Primary health care concept:

- community oriented nursing
- holistic nursing
- primary nursing

Family oriented nursing concept:

- problem oriented nursing
- progressive patient care
- team nursing

UNIT VII

Biomedical Waste Management

- Waste sharps, Solid wastes, Discarded Medicines, Cytotoxic drugs.

(Please see Annexure -I)