

Community Health Nursing – II

Placement : Fourth Year

Time: Theory - 90 Hours

Practical - 135 Hours

Course Description: This course is designed for students to practice Community Health Nursing for the individual, family and groups at both urban and rural settings by using concept and Principles of Health and Community Health Nursing

Unit	Time (Hrs)	Learning Objectives	Contents and Teaching Learning Activity
I	4	* Define Concepts, scope, principles and historical development of community health and community Health nursing	<p>Introduction</p> <ul style="list-style-type: none"> * Definition, concept and scope of Community Health and Community Health Nursing * Historical development of <ul style="list-style-type: none"> ○ Community Health ○ Community Health Nursing - Pre-independence - Post-independence <p><i>Teaching Learning Activity</i></p> <ul style="list-style-type: none"> * Lecture discussion
II	6	* Describe health plans, policies, various health committees and health problems in India	<p>Health planning and policies and problems</p> <ul style="list-style-type: none"> * National Health planning in India – 5 year plans * Various committees and commissions on health and family welfare <ul style="list-style-type: none"> ○ Central council for health and family welfare (CCH and FW) ○ National Health Policies (1983, 2002) ○ National Population policy ● Health problems in India <p><i>Teaching Learning Activity</i></p> <ul style="list-style-type: none"> * Lecture discussion * Panel discussion
III	15	* Describe the system of delivery of Community Health Services in Rural and Urban areas * List the functions of various levels and their staffing pattern * Explain the components of health services	<p>Delivery of Community Health Services</p> <ul style="list-style-type: none"> * Planning, Budgeting and material management of SCs, PHC and CHC * Rural: Organization, staffing and functions of Rural Health Services provided by Govt. at : <ul style="list-style-type: none"> ○ Village ○ Subcentre ○ Primary Health Centre ○ Community Health Centre/Sub divisional ○ Hospitals ○ District ○ State ○ Centre

		<p>* Describe alternative system of health promotion and health maintenance</p> <p>* Describe the chain of referral system</p>	<p>* Urban: Organisation, staffing and functions of urban health services provided by Govt. at :</p> <ul style="list-style-type: none"> ○ Slums ○ Dispensaries ○ Maternal and child health centres ○ Special clinics ○ Hospitals ○ Corporation/Municipality/Board <p>* Components of Health Services</p> <ul style="list-style-type: none"> ○ Environmental sanitation ○ Health Education ○ Vital statistics ○ MCH – Antenatal, Natal, Postnatal, MTP act, female foeticide act, child adaptation act. ○ Family welfare] ○ National Health programmes ○ School Health Services ○ Occupational Health ○ Defence services ○ Institutional services <p>* Systems of medicine and health care</p> <ul style="list-style-type: none"> ○ Allopathy ○ Indian system of medicine and Homeopathy ○ Alternative health care systems like yoga, meditation, social and spiritual healing etc <p>* Referral system</p> <p>Teaching Learning Activity</p> <ul style="list-style-type: none"> * Lecture discussion * Visits to various health delivery systems * Supervised field practice * Panel discussion
IV	25	<p>* Describe Community Health Nursing approaches and concepts</p> <p>* Describe the roles and responsibility of Community Health Nursing Personnel</p>	<p>Community Health Nursing approaches, concepts and roles and responsibilities of Nursing Personnel</p> <p>* Approaches</p> <ul style="list-style-type: none"> ○ Nursing Theories and Nursing process ○ Epidemiological approach ○ Problem solving approach ○ Evidence based approach ○ Empowering people to care for themselves <p>* Concepts of Primary Health Care:</p> <ul style="list-style-type: none"> ○ Equitable distribution ○ Community participation ○ Focus on prevention ○ Use of appropriate technology ○ Multi-sectoral approach <p>* Roles and responsibilities of Community Health Nursing personnel in</p> <ul style="list-style-type: none"> ○ Family Health services ○ Information education communication (IEC) ○ Management information system (MIS):

			<p>Maintenance of records and reports</p> <ul style="list-style-type: none"> ○ Training and supervision of various categories of health workers ○ National Health programmes ○ Environmental sanitation ○ Maternal and child health and family welfare ○ Treatment of minor ailments ○ School Health services ○ Occupational Health ○ Organisation of clinics, camps: types, preparation, planning, conduct and evaluation ○ Waste management in the centre, clinics etc. <p>* Home visit: concept, principles, process techniques: bag technique home visit</p> <p>* Quantities of community health nurse</p> <p>* Job description of community Health Nursing personnel</p> <p>Teaching Learning Activity</p> <ul style="list-style-type: none"> * Lecture discussion * Demonstration * Practice session * Supervised field practice * Participation in camps * Group Project
V	15	* Describe and appreciate the activities of community health nurse in assisting individuals and groups to promote and maintain their health	<p>Assisting individuals and groups to promote and maintain their health</p> <p>* Empowerment for self care of individuals, families and groups in -</p> <p>A. Assessment of self and family</p> <ul style="list-style-type: none"> ○ Monitoring growth and development <ul style="list-style-type: none"> - Mile stones - Weight measurement - Social development ○ Temperature and Blood pressure monitoring ○ Menstrual cycle ○ Breast self examination and testicles ○ Warning Signs of various diseases ○ Tests: Urine for sugar and albumin, blood sugar <p>B. Seek health services for</p> <ul style="list-style-type: none"> ○ Routine checkup ○ Immunization ○ Counseling ○ Diagnosis ○ Treatment ○ Follow up <p>C. Maintenance of health records for self and family</p> <p>D. Continue medical care and follow up in community</p>

			<p>for various diseases and disabilities</p> <p>E Carryout therapeutic procedures as prescribed / required for self and family</p> <p>F. Waste Management</p> <p>* Collection and disposal of waste at home and community</p> <p>G. Sensitize and handle social issues affecting health and development for self and family</p> <p>* Women Empowerment * Women and child abuse * Abuse of elders * Female Foeticide * Commercial sex workers * Food adulteration * Substance abuse</p> <p>H. Utilize community resources for self and family</p> <ul style="list-style-type: none"> ○ Trauma services ○ Old age homes ○ Orphanage ○ Homes for physically and mentally challenged individuals ○ Homes for destitute <p>Teaching Learning Activity</p> <p>* Lecture discussion * Demonstration * Practice session * Supervised field practice * Individual / group/family/ community health education</p>
VI	20	<p>* Describe national health and family welfare programmes and role of a nurse * Describe the various health schemes in India</p>	<p>National health and family welfare programmes and the role of a nurse</p> <ol style="list-style-type: none"> 1) National ARI programme 2) Revised National Tuberculosis Control Programme (RNTCP) 3) National Anti-Malaria programme 4) National Filaria control programme 5) National Guinea worm eradication programme 6) National Leprosy eradication programme 7) National AIDS control programme 8) STD control programme 9) National programme for control of blindness 10) Iodine deficiency disorder programme 11) Expanded programme on immunization

			<p>12) National Family Welfare Programme – RCH Programme historical development, organization, administration, research, constraints</p> <p>13) National water supply and sanitation programme</p> <p>14) Minimum Need programme</p> <p>15) National Diabetics control programme</p> <p>16) Polio Eradication: Pulse Polio Programme</p> <p>17) National Cancer Control Programme</p> <p>18) Yaws Eradication Programme</p> <p>19) National Nutritional Anemia Prophylaxis programme</p> <p>20) 20 point programme</p> <p>21) ICDS programme</p> <p>22) Mid-day meal applied nutritional programme</p> <p>23) National mental health programme</p> <p>* Health Schemes</p> <ul style="list-style-type: none"> o ESI o CGHS o Health insurance <p>Teaching Learning Activity</p> <p>* Lecture discussion</p> <p>* Participation in National Health Programmes</p> <p>* Field visits</p>
VII	5	Explain the roles and functions of various national and international health agencies	<p>* Health Agencies</p> <p>International – WHO, UNFPA, UNDP, World Bank, FAO, UNICEF, DANIDA, European Commission (EC), Red cross, USAID, UNESCO, Colombo Plan, ILO, CARE etc.</p> <p>National – Indian Red Cross, Indian council for child welfare, Family Planning Association of India (FPAI), Tuberculosis Association of India, Hindu Kusht Nivaran Sangh, Central Social Welfare Board, All India women’s conference, Blind Association of India etc.</p> <p>Teaching Learning Activity</p> <p>* Lecture discussion</p> <p>* Field Visits</p>

Community Health Nursing – II – Practical

Placement : Fourth Year

Time: Practical - 135 hours

Clinical Training - 195 hours

Areas	Duration(in week)	Objectives	Skills	Assignments	Assessment Methods
Community health nursing	1 wk. for Urban 4 wk for Rural	<ul style="list-style-type: none"> * Identify Community Profile * Identify prevalent communicable and non-communicable diseases * Diagnose health needs of individual, families and community * Plan, provide and evaluate care * Participate in School Health Program * Participate in National Health programs * Organize group for self help and involve clients in their own health activities * provide family welfare services * Counsel and educate individual, family and community * Collect vital health statistics * Maintain records and reports 	<ul style="list-style-type: none"> * Community Health Survey * Community diagnosis * Family care: Home adaptation of common procedures * Home visit: bag technique * Organize and conduct clinics – antenatal, postnatal, well baby clinic, camps etc. * Screen manage and referrals for: <ul style="list-style-type: none"> o High risk mothers and neonates o Accidents and emergencies o Illness : Physical and mental o Disabilities * Conduct delivery at centre/home: Episiotomy and suturing * Resuscitate new born * School Health programme <ul style="list-style-type: none"> o Screen, manage, refer children * Collaborate with health and allied agencies * Train and supervise health workers * Provide family welfare services: Insertion of IUD * Counsel and teach individual, family and community about: HIV, TB, Diabetics, hypertension, Mental health, adolescents, elderly health, physically and mentally challenged individuals etc. * Collect and Calculate Vital health statistics 	<ul style="list-style-type: none"> * Community survey report-1 * Family care study-1 * Project – 1 * Health talk -1 * Case book recording 	<ul style="list-style-type: none"> * Assess clinical performance with rating scale * Evaluation of community survey report, family care study, project and health talk * Completion of activity record. * Completion of case book recording

			<ul style="list-style-type: none"> * Document and maintain <ul style="list-style-type: none"> ○ Individual, family and administrative records. ○ Write reports-center, disease, national health programme/projects 		
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Placement: Clinical Training

Time: 4 Weeks

Area	Duration	Objectives	Skills	Assessment
Urban	4 Weeks	* Provide comprehensive care to individual, family and community	* Integrated Practice and group project – 1 in each rural and urban	* Assess clinical performance with rating scale * Evaluation of project

Note: During the Rural Posting they should stay in Health centers under the supervision of teachers.

Scheme of University Examination for Community Health Nursing

Theory

There shall be one theory paper of three hours duration carrying 100 marks. Distribution of type of questions and marks for Community Health Nursing shall be as given under.

Table 9(A): Distribution of Type of Questions and Marks for Community Health Nursing

Type of Questions	No. of Questions	Marks	Sub-total
Long Essay (LE)	2	10	20
Short Essay (SE)	10	5	50
Short Answer (SA)	10	3	30
Total Marks			100

Practical and Viva Voce

	Internal Assessment	University Examination	Total
Community Health Nursing	50	50	100