COMMUNITY HEALTH NURSING

Placement: Second Year

Time Allotted: Theory - 60 hrs
Practical - 240 hrs

COURSE DESCRIPTION

The course enables the students to understand the national health care delivery system and to participate in the delivery of community health nursing.

OBJECTIVES

At the end of the course, the student will

1. Explain the concept of various factors contributing to health of individual, family and community.
2. Identify the role of community health nurse.
3. Describe national health care delivery system.
4. Describe epidemiological methods and principles of prevention and control of illness in the community.
5. Identify the role of personnel working in the community health set up.
6. Plan the work of community health nurse and supervise and train health workers.

COURSE CONTENTS

UNIT I

Introduction
Introduction to Community Health - Concepts, Principles and elements of Primary Health Care.
Introduction to community health nursing.
Concepts of community health nursing - Community nursing process.
Objectives, scope and principles of community health nursing.

UNIT II

Family Health Services
Concept, objectives, scope and principles.
Individual, family and community as a unit of service.
Principles and techniques of home visiting.
Establishing working relationship with the family.
Working with families in relation to prevention of disease, promotion of health.
Care of the sick in the home, physically handicapped and mentally challenged.
Surveillance and monitoring.

UNIT III

Organisation and administration of health services in India.
National health policy

Health Care Delivery system in India.
Health team concept
Centre, State, district, urban health services, rural health services
System of medicines
Centrally sponsored health schemes
Role of voluntary health organizations and international health agencies
Role of health personnel in the community
Public health legislation.

UNIT IV

Health Education
Aims, concepts and scope of health education.
National plan for health education
Communication techniques
Methods and media for health education programmes
Planning for health education and role of nurse

UNIT V

Role of the community health nurse.
National health programmes
Maternal and child health programmes
Family welfare and school health services
Occupational health services.
As a member of the health team.
Training and supervision of health care workers.

UNIT VI

Epidemiology
Definition - Concepts, aims, objectives, methods, principles,
Epidemiology - Theories and Models.
Application of Epidemiology, principles and concepts in community health.

UNIT VII

Bio Statistics and Vital Statistics
Introduction, definition and scope, legislation
Report, recording and compiling of vital statistics at the local, state, national and international level.
Definitions and methods of computing vital statistics.
Methods of presenting data
Management Information System.

PRACTICUM

Each student will prepare a community profile.

The students will be allotted families for gaining experience in identifying family health needs, health counselling and guidance and family budgeting for optimum health.

The students will participate in the activities of primary health centre,

Sub-centre, MCH Centre.

Visits will be made to selected health and welfare agencies, water purification plant and sewage disposal plant, Infectious disease hospital.

Conduct health educational programmes for individual/groups/community.